# SHELBY COUNTY FOOD PANTRIES & RESOURCES



Access to nutritious food is a fundamental need for every individual and family, yet there are times when assistance is necessary. This list of food pantries and resources for Harrison County provides individuals and families with options for food support in times of need. These local food pantries are dedicated to offering vital food assistance to those facing hunger. Whether you are experiencing short-term hardship or need ongoing support, these resources are here to help ensure no one goes without the nourishment they need.

# **Connections Area Agency on Aging**

Home delivered 800-432-9209 Delivered on non-holiday week days Meals are available for seniors (60+) and their spouse. Meals are not prepared or delivered on weekends or holidays.

Harlan Senior Center 800-432-9209

Monday - Friday Guests under age 60 may enjoy a meal with seniors at a hard charge of \$12.50 per meal. Reservations must be made before 10:00 am the

business day prior. Meals are a suggested contribution of \$5.00 for

congregate and \$5.25 for home delivered meals

## Elk Horn Lutheran Church Food Pantry

4313 Main St., Elk Horn 712-249-6135 Tuesdays 4:30-6:30pm

#### Immanuel Lutheran Church

1700 19th St., Harlan 712-755-5207 Community Refrigerator – meals provided as available

# **Shelby Community** Food Pantry

419 East St., Shelby 712-544-2404 Friday 8am-3pm

## **West Central Community Action**

1017 7th St., Harlan 712-755-5602

M-F 8 am - 1 pm Must be a client of WCCA and make an appointment.

#### WIC

1048 A Hwy 44, Harlan 712-355-3645 or 712-328-5886 1st & 3rd Tuesday 9 am - 3:30 pm Pregnant, postpartum, breastfeeding Anyone who cares for a child under 5 years May be in need of income assistance Can be receiving other benefits such as foster care, medical assistance, or SNAP

HMS Hub is committed to supporting the well-being of individuals and families in Harrison, Monona and Shelby Counties in Iowa. Through connecting resources and fostering collaboration, we aim to help bridge gaps in services, including food assistance. Our mission is to strengthen communities and ensure that every individual has access to the support they need to thrive. Together, we can build a stronger, more resilient community.



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